



## PREPARATION - BATTLE GEAR

“For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds; Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ according to 2Corinthians 10:4-5

### **Prepare My Heart:**

Jesus, prepare me for prayer. I put on the whole armor of God to protect me as I pray and intercede for Facedown Rise Up Prayer March Series. I ask you now Father, to fill me again with a new measure of the Holy Spirit. Anoint me with the oil of your spirit. Take me beyond my feelings; take me beyond my thoughts and ideas. Cover me with the blood of Jesus Christ. My heart is wicked and deceitful. I do not know it but you do. You made me and know all there is about me. Cause my eyes to truly see and my ears to truly hear. Reveal to me any heart issues, any strongholds of fear, unforgiveness, pride, hate, rage, bitterness, anger, offence, misplaced hostility, hard feelings or resentments that remain in my heart. Father, Now, I ask you to forgive me for wrong attitudes, negative perceptions, wrong words, haughty looks, receiving and giving of offense. Cleanse me. Deliver me. Create within me a new heart. Renew a right spirit within me. I commit and submit myself first of all to you, then to the vision of the ministry. Send the spirit of prayer upon us. (Acts 1:8 and Rom 8:26) Send others to join us in prayer. In the mighty name of our Lord and Savior, Jesus Christ, Amen

### **Search My Heart: Strongholds**

Sunday: Strongholds of pride (Proverbs 16:18)

Monday: Strongholds of unforgiveness, offense (Matt 6:14-15)

Tuesday: Strongholds of fear/deception (2 Tim 1:7, 1 John 4:18)

### **Wednesday: God's Chosen Fast – Adoration through prayer, praise and worship**

Thursday: Strongholds of racism, hate, rage, bitterness, anger (Jas 1:19, Eph 4:26, 1 John 4:20, Prov 10:12)

Friday: Strongholds of violence (1Peter 3:8-11, Isa 60:18)

Saturday: Bondage of generational strongholds (Gal 5:1, Nahum 1:13, Isa 10:27)

### **Strengthen My Heart:**

Facedown I more than Conquer (Rom 8:37)

Facedown I am Fearless (Josh 1:9)

Facedown I break yokes and bondages (Gal 5:1, Nahum 1:13, Isa 10:27)

Facedown I am strong (Eph 6:10)

Facedown I stand fast (1 Cor 16:13)

Facedown I rise up in power (Ezra 10:4)

Facedown I pursue, overtake and recover all (1 Sam 30:8)